



PREVENT MOSQUITO BITES!

▶ **Use Bug Spray!**

Always read and follow the instructions before putting it on.

▶ **Wear the Right Clothing!**

Wear light colored clothing with long sleeves, pants, & socks.

▶ **Mosquito-Proof Your Home!**

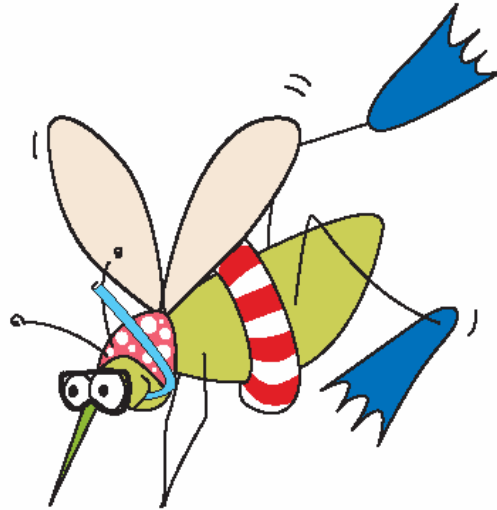
Repair tears in window/door screens.

▶ **Know Peak Mosquito Hours!**

Limit time outdoors at dawn and dusk when mosquitoes are most likely to bite.

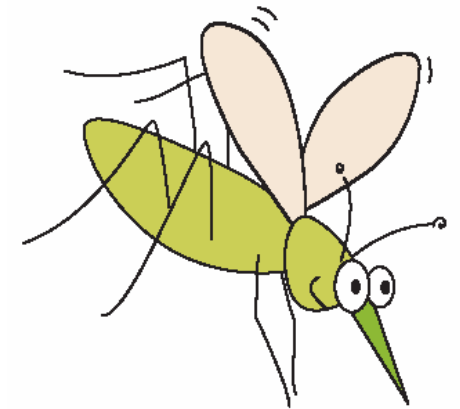
▶ **Use Mosquito Netting!**

Use netting over infant carriers instead of bug spray.

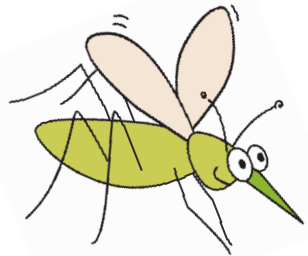


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WEST NILE VIRUS



WEST NILE VIRUS could happen to YOU!



WHAT IS WEST NILE VIRUS?

West Nile Virus is a virus carried by mosquitoes and can cause an infection called West Nile Encephalitis. "Encephalitis" is a swelling of the brain which can be caused by bacteria or viruses.

HOW IS WEST NILE VIRUS SPREAD?

A mosquito becomes infected after feeding on infected birds. Humans can get West Nile Virus from being bitten by an infected mosquito.

REDUCE MOSQUITO BREEDING GROUNDS!

CLEAN WADING
POOLS & GARDEN
PONDS!



CLEAN YOUR GUTTERS!

CHANGE THE
WATER IN BIRD
BATHS OFTEN!



PROPERLY
DISPOSE OF
OLD TIRES
AND OTHER
ITEMS THAT
COULD
COLLECT
WATER.



WHAT ARE THE SIGNS & SYMPTOMS OF WEST NILE VIRUS?

Most infections have no symptoms at all. Most of the rest are mild, with symptoms including fever, headache, and body aches, sometimes with skin rash and swollen lymph glands.

HOW COMMON IS WEST NILE VIRUS?

Even in areas where mosquitoes do carry the virus, very few mosquitoes are infected. The chance an individual will become severely sick from a mosquito bite is low.

Those who are 50 years old and older are at the highest risk of severe illness and death from West Nile Virus.