

Protect Yourself Against West Nile Virus

PREVENT MOSQUITO BITES!

Here is how....

Reduce Mosquito Breeding Grounds

Mosquitoes lay their eggs in standing water. Change water in bird baths and wading pools, clean gutters and garden ponds, and get rid of other items such as old tires that can collect water.

Use Bug Spray

Always read and follow directions before putting it on.

Wear The Right Clothing

Wear light colored clothing with long sleeves pants & socks.

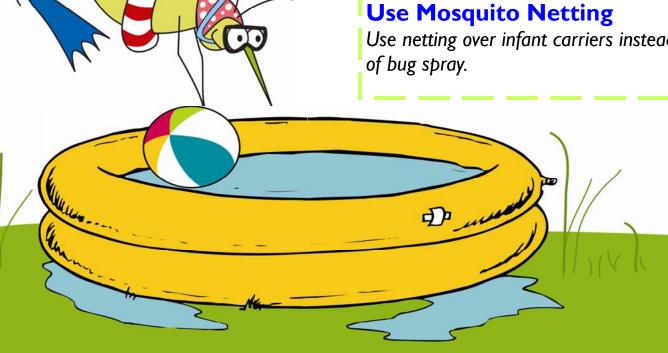
Mosquito-Proof Your Home!

Repair tears and window & door.

Know Peak Mosquito Hours

Limit time outdoors between dawn and dusk when mosquitoes are most likely to bite.

Use netting over infant carriers instead of bug spray.





For Additional Information Contact The Scott County Health Department (563) 326-8618 www.scottcountyiowa.com/health