

RESOLUTION
SCOTT COUNTY BOARD OF SUPERVISORS

September 18, 2008

PROCLAIMING AMERICA ON THE MOVE WEEK FOR SEPTEMBER 20 - 27, 2008

WHEREAS, two of every three Americans are overweight or obese, and in the United States, the percentage of young people who are overweight has more than tripled since 1980, and in the Quad Cities, 15.6% of our children and youth are overweight or obese; and

WHEREAS, a recent study found that because of the rapid rise in obesity rates, today's youth may become the first generation to live shorter lives than their parents. Obesity significantly increases the risk of serious chronic diseases such as diabetes, heart disease and some cancers; and

WHEREAS, despite the proven benefits of physical activity, more than 50% of American adults do not get enough physical activity to improve their overall health. In 1969, an average of 48% of all students and 90% living no more than a mile away walked or bicycled to school. In 1999, only 19% of children walked to or from school and 6% rode bicycles to school. According to the US Surgeon General, as policy makers and health professionals, we must embrace small steps toward coordinated policy and environmental changes that will help Americans live longer, better, healthier lives; and

WHEREAS, our children's health is a concern for the whole community; that parents can be the best role models for their kids; and, that kids' health habits mirror those of their parents and other adult role models, this is a great time for communities to come together to learn more about healthier lifestyles.

BE IT FURTHER RESOLVED BY the Scott County Board of Supervisors as follows:

- Section 1. That the Board of Supervisors along with other cities and counties in the Quad Cities, park and recreation agencies, schools, health care providers, churches, YMCA's and programs such as the Quad City Health Initiative, provide facilities, services and information that help children and families live healthy and active life styles. "America on the Move Week" will promote fun physical activities for families encouraging long-term positive changes for all in our state and local communities.
- Section 2. That the Board of Supervisors proclaims the week of September 20 – 27 to be "America on the Move Week."
- Section 3. This resolution shall take effect immediately.