

Jessica Redden, RN
Child Care Nurse Consultant
Scott County Health Department
600 W 4th Street
Davenport, IA 52801
563-326-8618 Ext. 8821
jessica.redden@scottcountyiowa.com



Watch for weekly
blogs in April
about
Learn the Signs.
Act Early.
on the CCR&R
page at
[https://
iowaccrr.org/blog/
CCR Blog/nm/1/](https://iowaccrr.org/blog/CCR Blog/nm/1/)

Call your Child
Care Nurse
Consultant (CCNC)
if you have any
questions about
child health and
safety, or any
special training
needs.



[https://
earlychildhood.iowa.gov/](https://earlychildhood.iowa.gov/)

The Child Care
Nurse Consultant
Program is funded
by



Quality Care For Kids

A newsletter for Scott County Child Care Providers

Written by Heidi Hotvedt RN BSN

APRIL 2020

April 2nd is World Autism Awareness Day



April 2nd is World Autism Awareness Day. Did you know 1 in 6 children have a developmental disability and 1 in 54 are diagnosed with Autism Spectrum Disorder?

From birth to age 5, there are milestones that all children should reach in how they play, learn, speak, act, and move. Failure to reach these milestones could be a sign of a developmental problem, even autism. The earlier a delay is recognized, the more you can do to help children reach their full potential.

The Centers for Disease Control (CDC) has developed a program called *Learn the Signs. Act Early.* to improve the early identification of children with autism and other developmental disabilities. Free materials, including milestone checklists and a milestone tracker app are available to help track a children's progress. Go to [https://
www.cdc.gov/ncbddd/actearly/index.html](https://www.cdc.gov/ncbddd/actearly/index.html)

Early Childcare and Education (ECE) providers know developmental delays and disabilities are common because they care for children on a regular basis. ECE providers can help identify children with signs of developmental delay and better support children by:

- Helping parents track developmental milestones
- Increasing your knowledge of signs of potential delay and know what to do if there is a concern

Learn the Signs. Act Early. has a FREE online training, "Watch Me! Celebrating Milestones and Sharing Concerns" at [https://www.cdc.gov/ncbddd/
watchmetraining/index.html](https://www.cdc.gov/ncbddd/watchmetraining/index.html) "Watch Me" provides tools and best practices for monitoring the development of children in your care and talking about it with their parents.

For more information about *Learn the Signs. Act Early.*, campaign to improve early identification of developmental disabilities, including Autism, contact your Act Early Ambassador to Iowa: Rachell Swanson-Holm, rachell-swanson-holm@uiowa.edu or 515-955-8326

Coronavirus COVID-19 Resources

Iowa Department of Human Services

<https://dhs.iowa.gov/COVID19>

Iowa Department of Public Health COVID-19

<https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus>

Healthy Child Care Iowa

<https://www.idph.iowa.gov/hcci/products>

Centers For Disease Control

[https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/
index.html](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html)

Child Care Resource and Referral

<https://iowaccrr.org/providers/links/resources2020/>