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Photo  
CDC/Amanda Mills

Call your Child  
Care Nurse  
Consultant (CCNC)  
if you have any  
questions about  
child health and  
safety, or any  
special training  
needs.



[https://  
earlychildhood.iowa.gov/](https://earlychildhood.iowa.gov/)

The Child Care  
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# Quality Care For Kids

## A newsletter for Scott County Child Care Providers

Written by Stacy Kraft, RN BSN

JUNE 2020

### Water Safety

Water is very appealing to children of all ages. They want to explore, play, and in the summer months cool off in water. However any body of water is a potential hazard. Water safety is critical for all bodies of water - buckets of water, bath tubs, toilets, pools, ponds, creeks, etc. A young child can drown in as little as 2 inches of water!

Drowning is a leading cause of injury-related death in children. A drowning is often quick and silent, and can occur in as little as 30 seconds when any amount of water covers the mouth and nose. Active and constant supervision is important to keep children safe.

The following are measures to keep children safe around water:

1. For water fun activities use a hose, sprinklers, or small individual buckets.
2. Touch supervision - the supervising adult should be within an arm's length of the child.
3. Learn CPR -all child care providers, assistants, teachers should be CPR certified. Check your CPR card to ensure you are currently up-to-date.
4. Keep a cell phone close by in the event of an emergency.
5. Have lower child to staff ratios during water play.
6. Do not use wading pools.
7. Know where rescue equipment is located when at a public pool.
8. Follow DHS child care regulations and best practice guidance for home swimming pools:
  - A fence that is at least 4 feet high surrounding the pool, flush with the ground and constructed in a manner that prevents climbing.
  - The fence exit and entrance should have self-closing, positive latching gates with locking devices a minimum of 54 inches from the ground.
  - If not fenced, both in and above-ground pools must have a cover that meets or exceeds ASTM standards when not in use.
  - Keep pool rescue equipment readily available and know how to use it.

For more information go to <https://kidshealth.org/en/parents/water-safety.html>

### COVID-19 Resources

Iowa Department of Human Services

<https://dhs.iowa.gov/COVID19>

Iowa Department of Public Health COVID-19

<https://idph.iowa.gov/Emerging-Health-Issues/Novel-Coronavirus>

Healthy Child Care Iowa (under the "printed products" tab scroll to COVID-19 Resources)

<https://www.idph.iowa.gov/hcci/products>

Centers For Disease Control

[https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/  
index.html](https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html)

Child Care Resource and Referral

<https://iowaccrr.org/providers/links/resources2020/>

The **Child Care Weather Watch Poster** and **Monthly Medication Record** have been updated! Find them on the Healthy Child Care Iowa website:

<https://www.idph.iowa.gov/hcci/products>