

PUBLIC HEALTH CONNECTION



hawk-i

Affordable Health Insurance for Children

For many working families, paying for health insurance coverage for their children can put a real strain on their finances. *hawk-i* health insurance may offer some hope and relief for these families. *hawk-i* is the Iowa version of the Children's Health Insurance Program (CHIP), a federal program that offers low-cost healthcare coverage to children, ages 1-19 years, in families that make too much money to qualify for Medicaid. The income requirements for a family to be eligible for *hawk-i* are fairly broad and inclusive. For example, as of April 1, 2018, a family of four can earn up to \$75,802 per year and still be approved for *hawk-i*. No family pays more than \$40 per month, regardless of how many children they have, and some families pay nothing at all. With the *hawk-i* insurance, children can: have healthcare check-ups; visit specialists; stay up to date on their shots; receive inpatient hospital, surgery, and emergency care services; have their eyes checked and get glasses or contact lenses; fill prescriptions; receive mental health and substance use services; as well as, have many other healthcare treatment needs met.

hawk-i Dental Coverage

Dental insurance is also included with the *hawk-i* program and covers dental check-ups and cleanings; cavity repairs and extractions; emergency dental services; braces and other needed dental care services. For families that only need dental insurance for their children, there is a *hawk-i* dental-only coverage option that costs families no more than \$20 per month (regardless of the number of children in the family).

To find out more about the *hawk-i* insurance program and how to apply for this coverage, visit <https://dhs.iowa.gov/hawk-i>, or call the Scott County Health Department's *Care for Kids* program at 563-328-4114.



OUR MISSION:

The Scott County Health Department promotes, protects, and preserves health through leadership, services, education, and partnerships.

OUR VISION:

Scott County—
A safe and healthy
community.



SPECIAL EVENTS

- *Scott County Health Department will be closed Monday, September 3rd in observance of Labor Day.*
- *Scott County Board of Health Meeting, Scott County Administrative Center, Room #638, 12:00 PM, Thursday, September 20, 2018.*

Links

- For additional information on the Children's Health Insurance Program (CHIP), visit [Medicaid.gov](https://www.medicaid.gov):
<https://www.medicaid.gov/CHIP/index.html>
- To learn more about adolescent health, visit the Office of Adolescent Health:
<https://www.hhs.gov/ash/oah/>

Adolescent Health

A Time of New Health and Healthcare Needs

Adolescence (ages 11-19 years) is a time of major growth and change. Adolescents need good nutrition and physical activity to stay healthy. They may feel more self-conscious due to their changing bodies. They are also becoming more independent from their adult caregivers and more focused on peers. Adolescents may be starting to date, resulting in increased sexual health and reproductive concerns. They are more likely to engage in risky behaviors, like reckless driving, or tobacco, drug and alcohol use. Adolescents may have new mental health and substance abuse treatment needs. To actively address these new possible concerns, it is essential for adolescents to go to the doctor at least once a year for a wellness exam. Going to the doctor regularly also gives adolescents the chance to practice talking about health issues with their doctor. Additionally, adolescents should see their dentist every six months and their vision care provider every one to two years. Visit *Care for Kids* online at <https://www.scottcountyiowa.com/health/care-kids>, or call 563-328-4114, for help with finding local healthcare providers that are taking new adolescent patients.

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